

his life with Devers Branden. She discusses it from her perspective, as well.

They take on other rough topics—subjects like jealousy and infidelity—with similar frankness and openness. *Question and Answer* is studded with new insights about familiar situations. For example, outside relationships “sometimes make a bad relationship bearable. They keep a man and a woman from confronting their frustration. Their affairs are not a solution, but a painkiller.”

Despite the caveats, painful aspects, and acknowledgment of uncertainty, the overall tone of this beautifully written book is very optimistic. The Brandens are positive people, and the whole theme of the book is that happiness is possible, but it's not a free lunch. “We would like to give back to men and women,” write the authors, “the hope with which they started. The dream does not have to be abandoned, but we need more than love to make love last.”

Jack Kirwan is assistant editor of the *Energy Journal* at the University of Arizona.

Murky Medicine

A Barefoot Doctor's Manual

By the Revolutionary Health Committee of Hunan Province

Seattle: Madrona Publishers.

1981. 384 pp. \$12.95.

Reviewed by Jane Orient, M.D.

Mussolini is best remembered for making the trains run on time; Mao Tse-tung, for bringing health to the Chinese masses. After liberation, China had a severe shortage and maldistribution of Western-style medical facilities. Mao managed to expand massively rural health services during the Great Proletarian Cultural Revolution by exiling professors and surgeons to reeducation camps and burning books. Traditional practitioners, once referred to as charlatans and witch doctors, were made respectable, and millions of workers and peasants received rudimentary medical training. Barefoot doctors, who spend much of their time toiling in the rice paddies, have about three months of formal training.

The Barefoot Doctors Manual has been highly touted as the model of an easily understood, prevention-oriented, popular health manual. The remedies are “tested and tried,” and regarded as safe

and economical. In this new edition, the publisher's preface moderates the warning issued previously about the use of herbs by the untrained and omits the mention of at least one West Coast death attributed to illegally imported Chinese medicines.

The scope of the book is ambitious, ex-


Ho hsieh both loosens up clots and stops bleeding!

tending from anatomy and physiology (both Western and Chinese concepts) to diagnosis and treatment of all sorts of medical conditions by Western drugs, acupuncture, and herbs. Tables of differential diagnoses for various symptoms are rather sophisticated: for headache, 14 causes are listed, ranging from tuberculous meningitis to acute glaucoma. The herbal approach seems the simplest; it is only necessary to distinguish exposure, liver yang-dominant, and kidney-deficient headache to choose the proper

concoction. Acupuncture, massage, aspirin, and “other” treatments are also described, the last very succinctly: “treat cause of headache.”

The section on first aid includes techniques taught in Girl Scouts for applying triangular bandages but differs from Western practice in crucial respects. Many types of tourniquets are pictured, to be loosened every hour, whereas Hamilton-Bailey's *Textbook of Emergency Surgery* recommends them only to allow sufficient time to clamp an artery, unless the limb is so badly injured that amputation is inevitable. The section on fractures does not allude to traction, a simple measure that has saved countless lives of soldiers who would have otherwise bled to death from fractures of the femur.

Acupuncture has stimulated great interest in the West and clearly is beneficial in the treatment of pain. Its efficacy in treating drowning victims, heat stroke, and gallstones (even when complicated by bile duct obstruction) is unproved and unlikely. Revolutionary developments increase the degree of stimulation by imbedding sutures in the acupuncture points and by incising them and moving a scalpel around in the fat tissue. The barefoot doctor is cautioned to stay away from nerves and blood



“A thought-provoking study of interest to all concerned about the role of government.”
—William E. Simon


UNDERGROUND GOVERNMENT

JAMES T. BENNETT AND THOMAS J. DILORENZO

the federal budget is quietly flourishing: off-budget spending. For the first time, information on this burgeoning off-budget sector has been gathered into one volume. It provides a wealth of pertinent data and incisive analysis of off-budget spending, and attempts by government at all levels to neutralize the effects of constitutional limitations on spending. Must reading for anyone concerned with the taxing and spending policies of government. \$8.95, 184 pp.

While public attention has been focused on the rapid growth of federal spending and the feasibility of a constitutional amendment mandating a balanced budget, another part of

Please enclose payment with your order.
Cato Institute, Dept. R, 224 Second Street, S.E.,
Washington, D.C. 20003



vessels, although one acupuncture point appears to be directly over the median nerve to the hand. Presumably, he will know where these are already, for no detailed diagrams are found in the book, despite pictures identifying the waist and the toes, as well as the eyeballs and the testicle, two locations where needle puncture is specifically contraindicated.

Herbs attract great attention both from lay people and scientists, who remember that digitalis was isolated from foxglove. The new appendix in this edition adds summaries of "scientific investigations," which conspicuously lack criteria for diagnoses and assessment of results and in most cases control groups. The broad spectrum—indeed, paradoxical activities—attributed to the herbs is quite remarkable: Ho hsieh both loosens up clots and stops bleeding. Yuan-tan (which is lead monoxide!) is used for vomiting, convulsions, and body odor. Man't'o-lo aids rheumatoid pains, prolapse of the rectum, wheezing, and ringworm.

The Chinese seem to consider surgery a last resort, and its indications are stated very vaguely. Although the scal-

pel (at acupuncture points) is advised for bronchial asthma, intestinal parasites, and peptic ulcer, it is not mentioned for the relief of boils and felons. The patient may be referred after twice-daily acupuncture (for an unstated period) has failed to cure appendicitis. Surgical intervention evidently is never necessary in obstetrics. Chinese babies seem all to emerge head first, and if part of the placenta remains behind, herbs substitute for the curet.

Some Western drugs are available in China but are often used quite differently. Penicillin is prescribed (in tiny doses) for appendicitis but not for streptococcal infections of the skin. In carbon monoxide poisoning, the barefoot doctor must use his discretion in "symptomatic treatment through selective use of dextrose, nikethamide, caffeine or 1:1000 epinephrine according to different conditions." The clarity and completeness of these instructions is quite characteristic of the book.

The accurate information that the book does contain is difficult to find. While the book is fascinating for students of Chinese culture, the reader wishing

medical advice is strongly urged to obtain a *Boy Scout Manual* in preference to this one.

Jane Orient is a medical doctor in private practice in Arizona.

HEALTH & WELFARE

(Continued from p. 46)

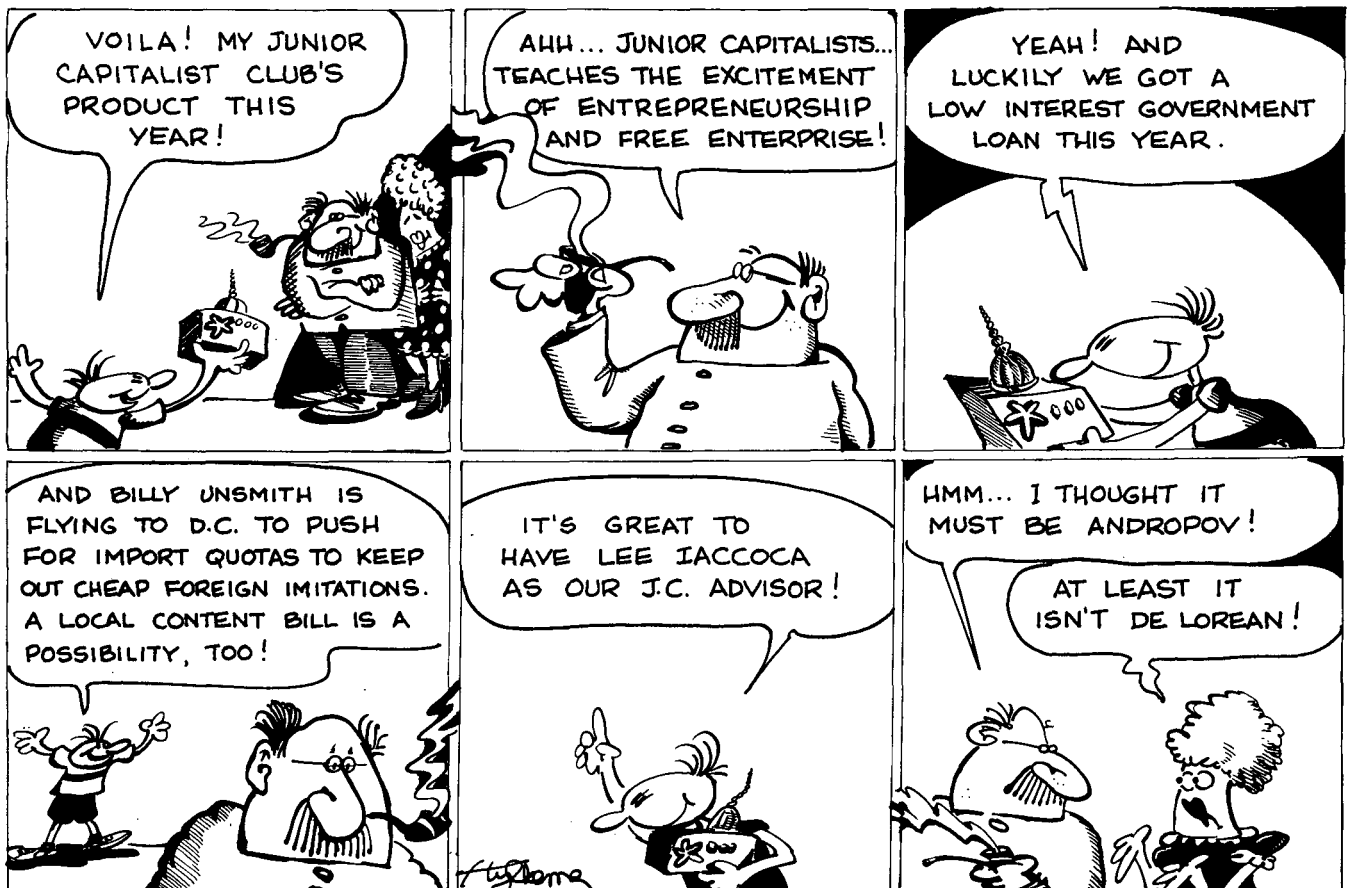
Thanks to the FDA and the excessively stringent Kefauver drug approval amendments of 1962, we now find ourselves in the bizarre situation of new drugs being developed, manufactured, prescribed, and sold entirely outside of the health profession. We do *not* welcome the absence of health professionals in this new market. But this is a logical result of the FDA's brand of "consumer protection."

A list of scientific literature on this topic is available through REASON. Send a stamped, self-addressed envelope and ask for H&W references, April.

Durk Pearson and Sandy Shaw are consulting scientists and the authors of Life Extension.

rudebarbs

RANDALL K. HYLKEMA



Permission to reprint this cartoon in periodicals is hereby granted, provided it is accompanied by this notice: Reprinted with permission from REASON magazine. Copyright © 1983 by the Reason Foundation, Box 40105, Santa Barbara, CA 93103. \$19.50/year.

CLASSIFIED

BOOKS

SCHOLARLY BOOKLET conclusively proves Flavius Josephus created Jesus, Gospels. \$3.00—Vector, Box 6215-Y, Bellevue, WA 98007.

"136 BIBLICAL CONTRADICTIONS," "49+ Biblical Absurdities," unique booklist, more! \$3.00, Crusade Publications, Dept. Y, Box 200, Redmond, WA 98052.

HOW TO SURVIVE without a salary. Coping in today's inflationary times by learning how to live the conservator lifestyle. 232-page book. \$10.95. More details, 25c. Eden Press, 11623 Slater, Box 8410-RS, Fountain Valley, CA 92708.

PEOPLE ARE LYING about nuclear war. We can prove it. Reliable books on nuclear war survival. Free catalog. Clayton Survival Services, P.O. Box 1411D, Mariposa, CA 95338.

BUSINESS OPPORTUNITIES

BLACKJACK INVESTORS wanted for card counting team. Call direct or collect at 213/255-8971.

EXPRESS YOURSELF and get paid for it. Make homemade booklets. I've earned \$187,000 with mine. Money never stops. You do it all, get it all; no editors, publishers, middlemen. Free information: Nightshade, Box 548, Woodville, TX 75979.

EARN IMMEDIATE CASH selling Mason Shoes to neighbors, friends, relatives. No investment or experience needed. Call toll-free 1-800/826-7030, Ext. 77; in WI, 1-800/472-7003, Ext. 77; or write for a free selling kit: Mason Shoes, K-702, Chippewa Falls, WI 54774.

EDUCATION

HOME SCHOOLING. Tuition \$35 yearly! Outstanding established institution. Unbiased textbooks. Prof. Baer, 8 Hortencia, Brownsville, TX 78521.

EMPLOYMENT

UNUSUAL OPPORTUNITY to sell big ticket item to blackjack players. Knowledge of gaming industry helpful. Generous commissions. Call direct or collect at 213/255-8971.

TEACH OVERSEAS! For details, send self-addressed, stamped, long envelope to: Friends of World Teaching, P.O. Box 1049, San Diego, CA 92112-1049.

FINANCIAL

COMMODITIES—INTERESTED IN TAKING calculated risk to achieve enormous profit potential? Call for information about our programs for the small investor which include disciplined technical and fundamental trading methods. E. Paul Pensyl, First Commodity Corp. of Boston, 1-800/225-6286, 1-617/292-6500.

ORGANIZATIONS

LOVE SF? NEW IDEAS? Join Libertarian Futurist Society. Sample newsletter. Legalize Freedom bumperstickers. Question Authority buttons. 3/\$2; 10/\$5; 30/\$12. Box 14181-A, Austin, TX 78761.

PRODUCTS

ESPECIALLY FOR YOU! A biorhythm calendar. Twelve consecutive months of your life cycles in a desk calendar format. May also be hung. Computer generated for accuracy. Satisfaction guaranteed or full refund. Print or type the following information: name, address, month, day and year of birth, month and year to start. Visa, MC, check, money order or COD accepted. (You pay COD charges). \$10 for first calendar, \$9 for each additional on same order. Rainbow Enterprises, P.O. Box 278, Department A, Galveston, IN 46932. For information only, send SASE.

AYN RAND'S Objectivist Ethics permanently recorded in gleaming brass, on quality 13"x 10" wood base with built-in easel. \$24.95 check or money order plus \$2.00 shipping and handling, to Brilliance in Brass, P.O. Box 26896, San Diego, CA 92126. Cal. residents add 6 percent. Or, send \$1.00 to receive brochure showing other plaques available starting mid-October 1982.

NICK YOUNGERS SINGS FOR FREEDOM. For an eight-song cassette album send \$7.95 check or m.o. to: Treadless Tunes, Dept. RN, 801 Hamilton Dr., Mt. Horeb, WI 53572.

BEST PRICES ON TRS 80 computers and Radio Shack products. Charles Blackwell, 30 N. Congress, York, SC 29745; 803/684-9980.

LIBERTARIANISM NEW? Pithy passages from 1714 edition of John Locke's *Of Civil Government* reproduced on parchment. 999 words. Original lettering. Suitable for framing. 12"x 16" approx. Satisfaction guaranteed. \$2.50 (California residents add 6% sales tax). Dave E. Bills, 2016 Coffee Lane, Sebastopol, CA 95472.

WHO IS JOHN GALT, Solidarity, In Gold We Trust, over 60 lapel buttons, plus tapes, stickers and books. Free catalog. Rampart Institute, Box 4-R, Fullerton, CA 92632.

SAVE POSTAGE, use personal post cards for correspondence. Name, address imprinted, 100 for \$5.95. Small Job Press, Box 33, Cheshire, CT 06410.

NAPOLEON HILL'S THINK AND GROW RICH. Cassette—narrated by Earl Nightingale: \$9.95 postpaid. Million Dollar Personal Success Plan & goal setting workbook free with order. Cassette catalogue free. INDIVIDUAL DYNAMICS, P.O. Box 8350-R, Knoxville, TN 37996.

PUBLICATIONS

NEW BARGAINS in unusual books and folios, government surplus, mail order bargains directory, sell photos, how to sell books by mail, how to win prize contests, E.T. color posters—size 23x35, collection of 1 & 2 ingredient formulas, cash markets, how to compile and sell name lists, directory of wholesale printing and office supplies sources. Sample copies, \$10.95 each.

Your cost: 2 or more, \$5.95 each postpaid. Details, \$1.00. Enaomo, P.O. Box 1835, Alexandria, VA 22313.

NEW LIBERTARIAN MANIFESTO! New deluxe edition. A strategy for liberty by Samuel Edward Konkin III. The theory and practice of counter-economic revolution! Available now for \$3.50 (including postage) or AU.2gm from Koman Publishing, Box 10427, Marina del Rey, CA 90291-8815.

ROMANTIC-LOVE CONTRACT. New, non-mystical, non-Branden approach. Potent. \$5.00 (2 copies). I & O Publishing Co., P.O. Box 906-R, Boulder City, NV 89005.

STOP GIVING YOUR MONEY TO THE IRS! Learn the best options to reduce taxes, increase financial security. **YOUR GUIDE TO THE MONEY MAZE** clearly defines nearly 200 investment terms. Only \$5.00 to Celeste Enterprises, P.O. Box 10841, Santa Ana, CA 92711.

MAKE MONEY SPREADING LIBERTARIANISM— Descriptive brochure, \$1.00. PRP, 314 Eighth St. SE, Washington, DC 20003.

REAL ESTATE

SURVIVAL RETREATS— 120- to 500-acre parcels in Mendocino County, No. California. \$750 per acre and up. Seclusion, abundant spring water, firewood, and garden sites. Write or call for free brochure of retreats and other properties. Libertarian Broker, Strider Real Estate, P.O. Box 554-R, Laytonville, CA 95454. 707/984-6644.

SERVICES

SAVE IRREPLACEABLE time and money marketing your manuscript or publication. Limited select clientele; not a vanity publisher. Write *The Professional Edge*, Drawer 668, San Rafael, CA 94915.

HOW TO MEET your favorite celebrity. "Fans n' Friends" Club, Box 1436, Crystal River, FL 32629.

TUTORING—An objective alternative. Grades K-12, any/all subjects, parental involvement encouraged. Stephanie Gaunt, 619/283-8231; San Diego, CA.

RATES: 50 cents per word, \$7.50 minimum. Telephone numbers count as one word; box numbers count as two words. Add \$1.50 per insertion for REASON box number. *Payment must accompany all orders.* Copy must be received by the first day of the month two months prior to issue date (e.g., advertising for the March issue, which is mailed in February, should reach us by January 1). Check or money order should be made payable to REASON and sent to REASON Classified, Box 40105, Santa Barbara, CA 93103.

THE CLASSIFIED AD DEADLINE FOR THE JUNE ISSUE IS APRIL 1.



Radar warning. Hear the difference.

What Could Be Better Than Unbelievable Range?

By now, you've probably heard some tall sounding stories about how far away the ESCORT® radar warning receiver picks up radar traps. You know, the ones where they talk in miles instead of car lengths. The stories go on to say that ESCORT's superheterodyne receiving circuits provide as much X and K-band warning as you can possibly use, and then some. If you've never used an ESCORT, they may seem pretty far fetched, but most of them are true. Over hills, around corners, and from behind.

Car 54 Where Are You?

Maximum detection range is wonderful, but it's far from the whole story. In some ways, radar detectors are like smoke alarms; you want to make sure that you don't miss anything, but you don't want a lot of false alarms. ESCORT won't disappoint you. Beyond that, when a smoke alarm sounds off, the most pressing thing on your mind is: Where is the fire? Is it ahead of you, behind you, above you, or below you? In the same room, or at the other end of the house? Your senses can help you find fire, but, on the highway, you can't feel or smell radar. ESCORT is your sixth sense.

Hearing Is Believing

ESCORT reports its findings straight to your ears in a way no other detector can match. Its vocabulary includes a Geiger-counter-like pulsating rhythm that relates radar intensity in a smooth, natural, and intuitive manner, making it easy to sense the distance to radar. It can tell you if radar is ahead of you, behind you, or even traveling along with you in traffic. ESCORT also speaks different languages for each radar band. Since the two bands behave differently, the distinctive tonal differences eliminate surprises. You'll even be able to tell "beam interrupter," "trigger," or "instant-on" type radars from other signals just by the sounds they make. Ditto for radar burglar alarms and door openers. ESCORT has a lot to say, and we've developed a new way for you to get acquainted quickly.

Play It, Sam

ESCORT's instruction book contains a wealth of information. Actually, it's the ESCORT user's Bible. But, the quickest way to become fluent in ESCORT's language is to play the Radar Disc on your stereo turntable. You'll hear firsthand how to interpret what ESCORT tells you in a number of situations. We now include this special Disc with every ESCORT so you can take a test drive as soon as you open the box.

No Stone Unturned

The ESCORT Radar Disc is the latest addition to a long list of standard features. We don't scrimp on anything. Here they are: ■ Patented Digital Signal Processor ■ Different Audio Alerts for X or K Band Radar ■ Varactor-Tuned Gunn Oscillator tunes out false alarms ■ Alert Lamp dims photoelectrically after dark ■ 1/64 Second Response Time covers all radar ■ City/Highway Switch filters out distractions ■ Audio Pulse Rate accurately relates radar intensity ■ Fully Adjustable Audio Volume ■ Softly Illuminated Signal Strength Meter ■ L.E.D. Power-On Indicator ■ Sturdy Extruded Aluminum Housing ■ Inconspicuous size (1.5H x 5.25W x 5D) ■ Power Cord Quick-Disconnect from back of unit ■ Convenient Visor Clip or Hook and Loop Mounting ■ Protective Molded Carrying Case ■ Spare Fuse and Alert Lamp Bulb.

Your stereo will demonstrate ESCORT's unusual abilities.



New!
33 1/3 RPM Radar Disc

What The Critics Say

Car and Driver: . . . "The ESCORT, a perennial favorite of these black-box comparisons, is still the best radar detector money can buy . . . All things considered, the ESCORT is the best piece of electronic protection on the market."

BMWCCA Roundel: . . . "The ESCORT is a highly sophisticated and sensitive detector that has been steadily improved over the years without changing those features that made it a success in the first place . . . In terms of what all it does, nothing else comes close."

Playboy: . . . "ESCORT radar detectors . . . (are) generally acknowledged to be the finest, most sensitive, most uncompromising effort at high technology in the field."

Autoweek: . . . "For the third straight year, no manufacturer has bettered the ESCORT's sensitivity . . . the consistent quality is remarkable."

Made In Cincinnati

If you want the best, there's only one way to get an ESCORT. Factory direct. Knowledgeable support and professional service are only a phone call or parcel delivery away. We mean business. In fact, after you open the box, play the Radar Disc, and install your ESCORT, we'll give you 30 days to test it yourself at no risk. If you're not absolutely satisfied, we'll refund your purchase as well as pay for your postage costs to return it. We also back ESCORT with a full one year limited warranty on both parts and labor. So let ESCORT change radar for you forever. Order today.

Do It Today

Just send the following to the address below:

- ☐ Your name and complete street address.
- ☐ How many ESCORTs you want.
- ☐ Any special shipping instructions.
- ☐ Your daytime telephone number.
- ☐ A check or money order.



Credit card buyers may substitute their card number and expiration date for the check. Or call us toll free and save the trip to the mail box.

CALL TOLL FREE . . . 800-543-1608
IN OHIO CALL . . . 800-582-2696

ESCORT (Includes Everything) . . . \$245.00
Ohio residents add \$13.48 sales tax.

Extra Speedy Delivery

If you order with a bank check, money order, credit card, or wire transfer, your order is processed for shipping immediately. Personal or company checks require an additional 18 days.

ESCORT®

RADAR WARNING RECEIVER

- ☐ Cincinnati Microwave
Department 013
One Microwave Plaza
Cincinnati, Ohio 45242