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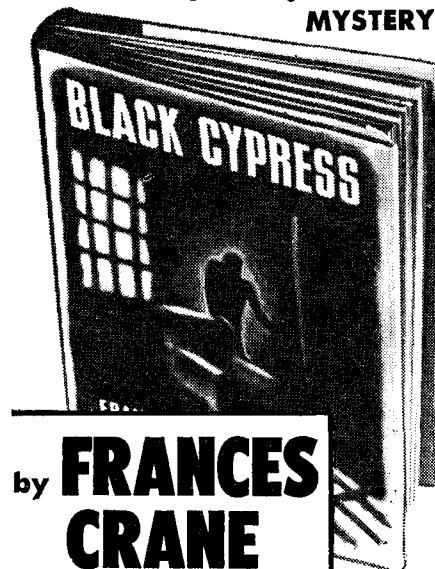
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BALANCING OUR ASSETS

(Continued from page 11)

of human rights. Yet we realize, with growing unease, that, in spite of the marked progress we have made with respect to the Negro problem, we ourselves fall short of the ideals we proclaim. While it is unfair of the Russians and others to castigate us for our failings, it is small comfort for our minority groups to hear that things are far worse in other countries.

Nor are we sure how far we are ready to go in supporting the efforts of colonial peoples in other continents to improve their lot—especially if these efforts threaten to have ill-effects on our relations with the colony-possessing nations of Western Europe. Yet when we speak of the controversy between East and West, do we always realize that the "East" does not end at the Urals, but may embrace the Far East, and Southeast Asia, and the Near and Middle East, where millions of people are in ferment? Are we as sure as we sometimes seem to be that this ferment is due entirely, or even primarily, to Communist propaganda? Would it disappear if Russia were wiped out tomorrow by atomic bombs? While it is clear that our intimate historic and intellectual associations with Western Europe will always remain an essential part of our national ethos, do we stand to gain or lose by flouting the East to win the favor of the West?

We might also ask ourselves whether the present ferment in the East and other parts of the world was produced not by the Russians, but by ourselves and our emphasis on the need to achieve greater political liberty and higher standards of living. May not the historian of the future say that the truly revolutionary nation of our times was not Russia, an economically backward country ruled by an iron dictatorship

whose foreign policy is a mixture of nineteenth-century nationalism and Russian-conditioned Marxism, but the United States, with its powerful and unceasing propaganda for electricity, washing machines, refrigerators, automobiles, Listerine, cosmetics, and the thousand and one things that less advanced peoples have come to want, may not be able in the foreseeable future to afford, but will seek in one way or another to achieve? Should we not get ahead of their revolutions, if possible, by offering to provide the necessary know-how on terms acceptable to them, as Nelson Rockefeller is doing on a small, but trail-blazing, scale in Venezuela? Should we not show them that American capitalism is willing to facilitate a development comparable to ours in other countries within the limits of their available resources?

By conscientiously striving to practice what we preach perhaps we shall find it possible, in our relations with the rest of the world, to reconcile our seeming contradictions, to make our fallacies less fallacious. In the very process of translating our ideals into practice we shall perforce become more intimately acquainted with these ideals and restudy them in the conditions of our times. We shall thus discover what it is we are as a nation, and what we aspire to be. This will provide us with both a starting-point for foreign policy and a yardstick to measure its development. "To thine own self be true, and it must follow, as the night the day, thou canst not then be false to any man" is an adage fit for nations as well as individuals.

Vera Micheles Dean, research director of the Foreign Policy Association, is author of "Russia: Menace or Promise?" published last year.

The Criminal Record

The Saturday Review's Guide to Detective Fiction

Title and Author	Crime, Place, and Sleuth	Summing Up	Verdict
THE BLACK COAT Constance and Gwennyth Little (Crime Club: \$2)	Mixed identities of two girls en route to New York plunges one into murderous goings-on in bosom of strange family.	Opening gambit has possibilities, and author's imaginings are as antic as ever, but this one lacks speed and gaiety of pre-decessors.	Trivial
IT'S A CRIME Richard Ellington (Morrow: \$2.50)	Steve Drake, hired to observe wandering husband, comes on corpse of lovely no-good, tangles with cops, corrals unexpected slayer.	Speed, violent action and sultriness are chief ingredients of well-developed addition to current crop of well-tailored tough tales.	Snappy item

The Film Forum

PSYCHIATRY

The Saturday Review's Weekly Guide
to Selected 16mm. Sound Films.

THE FEELING OF REJECTION

Produced by the National Film Board of Canada for the Mental Health Division of the Department of National Health and Welfare. Consult *SRL* for nearest source. (23 minutes.) Rental, \$2.50; sale price, \$40.

This is the first in the NFBC Mental Mechanism Series. It is the case history of a young woman who learned in childhood not to risk disapproval by taking independent action; we are shown the harmful effects of her inability to engage in normal competition, and the causes of her trouble are analyzed.

Such symptoms as weariness and recurrent headaches manifest themselves in this twenty-three-year-old girl who is unable to stand up for herself in the most ordinary life situations as she inevitably submits to the will of others.

The causes of the compensatory mechanism are carefully ferreted out; at high school she remained apart from social and athletic competition. School life was enjoyed vicariously through the success of a popular friend. As a child, her attempts to complete with a younger sister for attention were discouraged; she gradually learns that the only way she may get along without difficulty is to sacrifice any personal desires to which others may object.

The film concludes by showing the effects of group therapy. Along with others suffering from similar handicaps she is able to break away from the habit of blind obedience.

EMOTIONAL HEALTH

Produced for the McGraw-Hill Book Co., Inc. Text Film Dept., 330 West 42nd St., New York 18, N. Y. Consult *SRL* for nearest rental source of single film. (20 minutes.) Sold only as a unit with four other filmstrips for \$375.

Based on Dr. Harold Diehl's "Textbook of Healthful Living," this is one of a series which also includes the following films: "Body Care and Grooming," "The Nose, Throat, and Ears," "The Body Fights Bacteria," and "Human Reproduction."

The film has three primary objectives: (1) to assure people of college age that emotional upsets are common, (2) to show that if a disturbance of this kind is prolonged, the need for professional counsel and care is just as important and normal as with any physical illness, and (3)

to explain in simplified language some of the basic techniques of psychiatric treatment and thereby allay the stigma attached to the necessity for this treatment.

A young man is shocked to hear his doctor suggest a consultation with a psychiatrist when it is learned there are no physical reasons for his chest pains and upsets. The physician explains in clear, simple terms, that many bodily disorders may be provoked by an emotional upset, and that a competent psychiatrist is the man best qualified to diagnose and treat such a condition.

Reluctantly at first, and then with growing confidence, the young man undergoes treatment. A deep-seated and hitherto unsuspected fear is brought to light and dispelled.

WHAT'S ON YOUR MIND

Produced by the National Film Board of Canada. Consult *SRL* for nearest source. (10 minutes.) Rental, \$1.25; sale, \$25.

The strain of modern life with its complex problems tells heavily upon mental health. Millions try to solve their difficulties by the advice of quacks, but psychiatry is providing genuine help and a cure for many mental ills.

NEUROPSYCHIATRIC DISORDERS

New York University has a series of a dozen or so technical films restricted to use by professional groups only; and approved by the American College of Surgeons.

PSYCHOLOGICAL CINEMA REGISTER

The Pennsylvania State College maintains the largest library of selected 16mm. instructional films in psychology and psychiatry. Write to them directly at State College, Pa.

PSYCHIATRY IN ACTION

Produced for British Information Services. Consult *SRL* for nearest source. (62 minutes.) Rental, \$5; sale, \$112.50.

A presentation of the results and treatment of war neuroses. The film follows the duration of a patient's residence at a medical center. There are detailed accounts of the hospital administration, the investigation into each case, shock treatment, therapy, and the disposal of patients after discharge.

A. BERTRAND CHANNON.

For information about the purchase or rental of any films, please write to Film Department, The Saturday Review, 25 West 45th Street, New York 19, N. Y.



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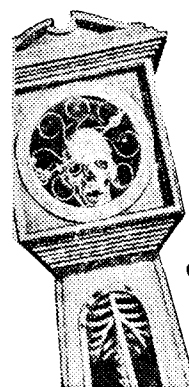
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