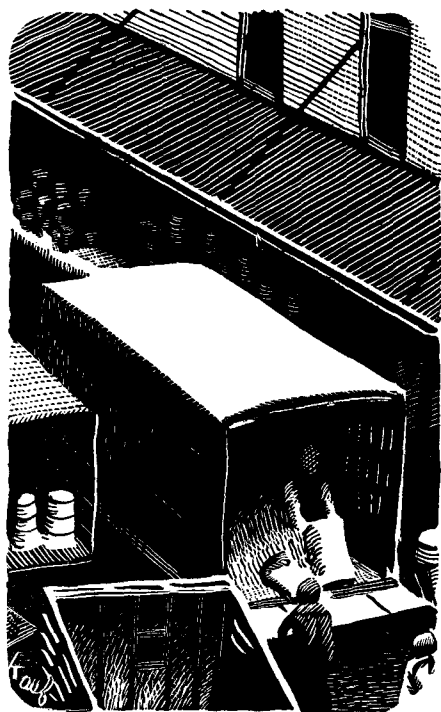


beck's "Chafing-Dish Cookery" (M. Barrows. \$3)—second sizable printing. Of major import medically speaking: "The Low Fat, Low Cholesterol Diet" (Doubleday. \$3.45), by a team of five dieticians, for persons afflicted with cardiovascular ailments. The variety of permissible foods is quite cheering.

Petrol pilgrims should take with avidity to the "Ford Treasury of Favorite Recipes from Famous Places," compiled by Nancy Kennedy (Simon & Schuster. \$1.50). Very attractively gotten up, this small book embraces 263 inns, hotels, pavilions scattered over our national map. Each is accorded a page heading in color, in most instances a painting by an able artist, with a characteristic dish set forth beneath. Gustatory geographer Duncan Hines greets his fleshpot flock with the eleventh edition of his "Adventures in Good Cooking" (\$1.75), its only illustrations devoted to the art of carving.

"Good Food from Mexico," by Ruth Watt Mulvey and Luisa Maria Alvarez (M. Barrows. \$2.75), regales nutritionists with the information that six grams of chili provide a daily quotient of vitamin A. *Tortillas* and their *taco* and *enchilada* elaborations are duly expounded; so, too, the rôles played by dry and wet soups, the latter the chasers. *Mole's* fiery mysteries are unriddled; *puchero* (Mexican boiled dinner) delved into. Nor are seafood, bread stuffs, desserts, and confections slighted by these author-cooks.

Lawton Mackall, restaurant editor of *Gourmet* magazine and member of New York City's Board of Higher Education, is the author of "Knife and Fork in New York" and other books.



# Seasoned with Glamour

MARGARET A. GRAM

A SHORT decade ago cooking books excited little interest, but with the changing economic pattern and with the present emphasis upon nutrition the annual list of publications has grown to sizable proportions. In response to widening demand these books have become more glamorous in presentation and more reliable in instruction. Out of this current list of excellent cookbooks there are several which demand special mention. The Betty Crocker "Picture Cookbook" will long remain a favorite, as it answers the general need of the homemaker. "The Gourmet Cookbook" reaches the height of superb eating and accordingly will be prized for many years to come. For its choice specialty dishes and delightful personality chitchat "The Presidential Cookbook" should remain popular for this generation. Probably the "Mennonite Community Cookbook" will be acclaimed for its contribution to regional recipes.

A loaf of bread got Mrs. Henrietta Nesbitt into the White House, although it took more than that to keep her there. For twelve years she managed the President's household, and whether the Roosevelts dined alone or entertained Congressmen, Cabinet members, Ambassadors, or Kings and Queens Mrs. Nesbitt took charge. The appetizing recipes which pleased the Roosevelts and their guests are now available to all in "The Presidential Cookbook" (Doubleday, \$2.75).

The Roosevelts loved good soup. Cream of almond soup was one of Mrs. Roosevelt's favorite dishes, while the President was especially fond of green turtle soup and the famous clam chowder made from his mother's recipe. The President and his Lady were also fond of fish—for the White House table came fish from all parts of the world, packed in ice. There were mock crabs, fancy lobsters, and the salmon Mr. Roosevelt loved most of all. The more exotic foods at the Executive Mansion included buffalo tongue, cariboo, and ptarmigan. These were sent to the President by his numerous admirers who were aware of his taste for game. Salads were also important to the family menu, and the Roosevelts especially liked the old-fashioned kind like German potato salad and the popular tossed greens. Although the most unusual

delicacies found in the far-off places of the world were sent to the White House, the simpler foods were usually served. For example, scrambled eggs prepared by Mrs. Roosevelt in a chafing dish were a favorite for Sunday evening supper. And of all the variety of desserts available the President invariably preferred apple pie.

Mrs. Nesbitt's book is fascinating not only for telling about the culinary secrets of the White House but for the chatty introductions to each chapter, which relate anecdotes about the Roosevelts and their friends.

"The Gourmet Cookbook" (Gourmet, Inc., New York. \$10) is a sophisticated and discriminating cookbook for the person who knows and appreciates fine food. It makes for good reading as well as good eating. Recipes range from the simple unusual things to the extraordinary and include a marvelous collection of recipes culled from the pages of *Gourmet* magazine, which represents the best of good eating of the past few centuries. There are no charts, hints, cautions, tips, or suggestions—just recipes.

Chapter titles are provocative and give a hint of the clever style of the book. These chapters include Song of the Soup Kettle, Salad Ways, Au Fromage, Game for Gourmets, The Egg and the Epicure, Fish Unlimited, and Sweet Talk. Your favorite recipe will probably be there, be it appetizer or dessert, filled mushroom caps or golden-brown blintzes.

The connoisseur will be delighted with this book and will wish to own it as well as give it to a special friend. It makes cookery an art, a symphony in delicacies. The book is beautifully bound, with special color type headings and index and with gorgeous color photography.

"The Spice Sampler," by Edith Barber, former food editor of the *New York Sun* (Sterling Publishing Co., New York. \$1), is a delightful little book for the inexperienced person who wants the excitement of blending strange and tangy herbs into delectable and unusual dishes. The book is unique in the sample packages it contains of such enticing items as marjoram, celery seed, poppy seed, caraway seed, and oregano and in the excellent glossary of spices and herbs. The current popularity of growing herbs in one's garden will

add further zest to spice cookery. Among the especially appealing recipes are the ones for pea soup, lamb with dill, chicken tetrizzini, mustard-broiled mackerel, and Danbury tarts. Also seen is that rare and seldom-found recipe for glogg, the traditional Swedish punch used at Christmas time, although the recipe misleadingly assumes that the size of "bottles" for claret, port, and cognac are known.

Pot-pies and scrapple may be familiar to most of us, but when it comes to knepplies and wiggle glacé the uninitiate will have to walk, not run, to the "Mennonite Community Cookbook" (J. C. Winston Co., Philadelphia. \$4.50). Mary Showalter has selected 1,400 typical Mennonite recipes from as far away as Canada, the heavy gamut running from raised bread through main dishes via pickles and relishes on to myriads of desserts. Added delights are marvelous color plates, precious drawings by Naomi Nissley, and a wonderful appendix with all sorts of homely information on food for a barn-raising, how to make soap, and a good remedy for worms on cabbage.

For happy holiday eating read Charlotte Turgeon's "Cooking for Christmas" (Oxford. \$2.50). Five complete menus are given for the yuletide celebrations, including a New Year's Eve buffet supper. Hot oyster stuffing makes a good complement to the usual cold turkey and lobster Newburg, and fruit ice served from a handsome silver tureen is the perfect dessert. For open-house parties French chocolate truffles sound tempting. There's a real lift in this book for the hostess with her many entertaining problems. Directions are clear and the surrealistic drawings by the Strimbans are amusing.

"The Art of Serving Food Attractively," by Mary Albert Wenker (Doubleday. \$2.45), is a little book for rainy days, when the imagination may need a bit of stimulation. It is not a book for the amateur nor for the professional but rather for the person who is somewhere-in-between. It makes its appeal to those who are familiar with cookery terms and methods and who need no simple directions or illustrations. It is indeed a good dictionary of ideas on how to garnish, arrange, or dress up a dish to make it look as good as it tastes. A special interest is centered in the section on the preparation of interesting trays for the sick. But in view of the demands of today's hostess a notable omission in the book is that of table settings.

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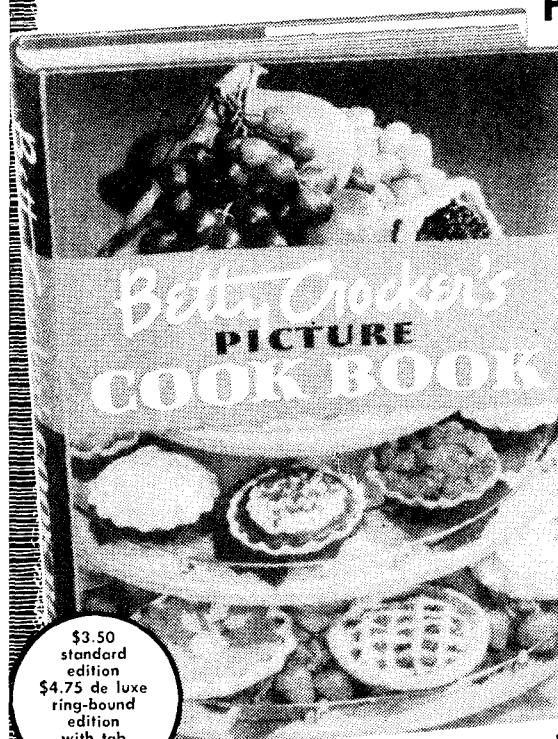
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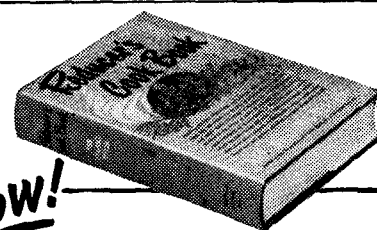
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Ann Williams-Heller's "Busy Woman's Cookbook" (Stephen Daye, New York. \$2.95) zips along from nutritional needs to a time index that is novel. Steps in planning, marketing, and preparation are all geared to the busy woman cooking for two. Helpful advice is given by the author, who warns: be choosy but not hesitant, save time but don't get into a frenzy, know what to do and do first things first, plan your meal according to the time you have.

Saving time is the essence of this book and all short cuts are recommended. Recipes calling for rice use the precooked variety; marketing includes packaged and frozen foods; and the pressure cooker is suggested whenever appropriate.

There are several well-planned meals with adequate directions on a timesaving schedule. Many meals are wholly prepared within a time budget of twenty-five minutes. Obviously, roasts and standard baked goods are not included in such recipes. It is obvious, too, that experience and planning and practice are necessary for most women to match time with the author.

"Good Food for Diabetics," by Eleanor Record Sigel (Harper. \$2.50), is a breath of hope for the diabetic person, as it suggests widely varied menus within the prescribed diet. Over one hundred and fifty meals including one- and two-vegetable din-

## Little Red Riding Hood should have known HOW TO COOK A WOLF

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"The wedding's off."

ners are listed with tasty recipes for soup, meat and fish, vegetables and salads, and diabetic desserts. Mrs. Sigel is herself a diabetic and therefore understands the practical problems.

Up-to-date and ready to use is the new edition of "Quantity Cookery," by Nola Treat and Leonore Richards (Little, Brown. \$4.95). Streamlined in its presentation it is excellent in the guides and suggestions for balancing nutrition, cost, customer satisfaction, and distribution of the work load on equipment and employees. This edition is an invaluable aid to the professional food-service manager in restaurants, hotels, industrial feeding units, and hospitals and would likewise be useful to the non-professional who is involved in serving large numbers in clubs and churches.

Since the last war, which created a scarcity of household help, there has been an increasing interest by housewives in cookery which has manifested itself in a steady demand for reliable recipes. Among the large variety of excellent cookbooks published in recent months is an especially good one which may be termed general in character. Betty Crocker's "Picture Cook Book" (General Mills, Minneapolis. \$3.95) is quite outstanding, with over 2,000 choice recipes, tested and accurate. The great

number of illustrations—even to the measurement of solids and liquids, with charts as to temperatures and weights—insures the beginner success. In addition the book is unusually convenient as it has a spiral binding that allows the pages to lie flat on the table when open and also permits insertion of other material. This is a highly practical cookbook, carefully planned as to recipes, with all the fine details as to performance so essential for the beginner and so satisfying to the experienced homemaker.

All areas are well-covered with the exception of non-flour recipes, which are not quite as comprehensive as in some of the other standard books.

Three books deserve discussion together since they are displayed together at all newsstands—right next to the mystery thrillers.

Fannie Farmer's recipes have survived with an ever-increasing popularity since their first publication in 1896. Miss Farmer will be remembered as the head of the Boston Cooking School. For the past thirty years new editions have been revised by her niece, Wilma Lord Perkins. The paper-backed "Fannie Farmer's Handy Cook Book" (New American Library. 25¢) contains some 1,300 recipes from the latest edition of this famous book, for all types of food and easy to fol-

low for both beginner and the more experienced.

"The Pocket Cook Book," by Elizabeth Woody and the members of McCall's Food Staff (Pocket Book, 25¢), is also for the general user. Recipes are tested and accurate. There are two unique features: the simplified and practical translation of a nutrition yardstick for good diet and a checklist of penny-stretchers so that the housewife can find the economy dishes she is seeking. In addition there is a superb listing of left-overs recipes with convenient paging.

"Ann Pillsbury's Baking Book" (Pocket Books, 25¢), except for frostings and fillings, is devoted to flour products: crêpe suzettes, cranberry cobbler, pfeffernusse, peppermint creamed top pugs, old time butter sponge cake, chicken shortcake, deep-dish apple pie, cinnamon coffee ring, caramel pecan rolls, homemade white bread, candied orange bread, spoon bread, popovers, and all our other favorites. The \$50,000-contest recipe for no-knead water rising rolls is also included. In cakebaking you may take your choice of the standard method or the comparatively new one-bowl method. These recipes can also be found in the enlarged hard-cover edition published by A. S. Barnes & Co., at \$3.95.

Be it puff pastry or old-fashioned wheat cakes your palate craves your answer may be found in Anne Ser-ranne's encyclopedic "Complete Book of Home Baking" (Doubleday, \$3.95). Especially praiseworthy are the seldom-found recipes—the Dobos torte, created by that famous Hungarian pastry chef; blinis, wonderful little yeast pancakes good with caviar or sour cream; krapfen, fried cakes sweetened inside with a touch of jelly or baked preserve; dumplings, spooned into a toothsome rhubarb and strawberry mixture and baked lightly in a casserole. There are a few intriguing recipes from foreign lands, such as Swedish krom cakes, Ukranian Easter bread, and panatone di Natale (Italian Christmas Bread). Deserving of mention too is the fine section on corn breads. Basic instructions are good, but recipes are not always consistent in form.

Margaret A. Gram is associate professor of home economics at Queens College, New York City.

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**WARMHEARTED WOMAN?** Write wiser, older, young man; hopes replacing disillusion. Box 4-G.

**BOSSY BY NATURE** and good at it. Ph. D., 36, single. Need \$7,000 salary. Box 5-G.

**LONESOME LIEUTENANT** of wide interests would like to hear from ordinary girl. Box 6-G.

**ADVENTUROUS, YOUNG REBEL** invites amusing and stimulating letters. Box 7-G.

**WRITER**, taking 4-week, auto-camping trip, South Carolina coast, desires companion share expenses. Leave NYC about March 15. Reply: Box 10-G.

**A SMILING GENTLEMAN** desires correspondence from a smiling lady. Box 11-G.

**SINCERE YOUNG MAN** of many interests, slightly physically handicapped, desires correspondence with slightly physically handicapped girl. Box 13-G.

**GENTLEMAN**, Canasta fan, Gilbert-Sullivan enthusiast, invites correspondence from people with similar interests. Box 14-G.

**CAPABLE YOUNG COLLEGE WOMAN** will act as governess, companion, or tutor for party traveling abroad or within U.S. this summer. Box 15-G.

**INTELLIGENT YOUNG WOMAN** invites correspondence. politics, sociology, music, literature, chess. Box 16-G.

**FOR SALE:** in Thermal Belt, new ranch type house. 3 acres level, 8 acres wooded mountainside. Beautiful views mountains and waterfall. Picturesque river through property. \$25,000. Owner: Charles H. Auten, Tyron, N.C.

**BUSINESS MANAGER SOUGHT**, Summer Dance School, Maine coast. Male preferred, should have educational interest, high principles. Non-profit organization, fascinating summer for right person. Box 19-G.

**TEACHER**, feminine, liberal, interesting, would exchange correspondence with older, cultured gentleman. Box 20-G.

**LADY**, charming, sincere, welcomes correspondence from middle-aged man of integrity. Box 21-G.

**COLLEGE PHYSICS PROFESSOR** desires to write science-for-the-layman type articles for periodicals, pleasure, and profit. Box 22-G.

**BUSINESS WOMAN**, considering future retirement, enjoys country life, would correspond with gentleman, similar interests. Box 23-G.

**BUSINESS GIRL**, Italian student, has midtown apartment to share with congenial girl. Box 24-G.

**HOTEL ALGONQUIN**, 59 West 44 St., NYC 18. Half a block from Fifth Avenue. We are offering week-end rates for Friday, Saturday and Sunday (three nights) single room and bath, \$15; double room and bath, \$22; sitting room, bedroom and bath, \$28. Excellent restaurant. Within walking distance better shops and theatres.

**AUJOUR'HUI—TODAY** . . . Speak French. 12 lessons—new conversational method. Even Cyrano de Bergerac had to start somewhere! NYC, Murray Hill 5-4160.

**MAN**, still young, responsible, seeks position as companion to gentleman. Box 29-G.

**WRITER** wishes to rent safe, lonely shack in which to work. Box 31-G.

## PERSONALS

**FOR SALE**, rent by year: Stone cottage, southern Vermont. Furnished, reasonable. Box 75, Shavertown, N. Y.

**YOUNG ENGLISH TEACHER**, M.A. desires position as governess or companion for summer trip abroad. Box 36-G.

**WILL GIRL** amputee correspond with college student studying rehabilitation. Box 37-G.

**CLEVELAND READERS:** Girl Friday, looking for interesting work, preferably in medicine, education, advertising, newspaper or arts. Box 38-G.

**ARTICULATE COMIC MAGAZINE** factory factotum, marooned for years on grave yard shift, desires correspondence with congenial old bags. Box 39-G.

**LARGE LIGHT** 4-room apartment, Columbia, 3 months. Box 42-G.

**BREARLEY SENIOR** wishes summer job taking care children. Available early June. Box 43-G.

**BUSINESS WOMAN**, late 40's, desires position companion; house-mother. No cooking. Fond children (over 7). Willing, adaptable. Box 44-G.

**WHAT** radiant, charming, young lady cares to correspond with a young business executive with such diverse tastes as Switzerland in Springtime, good wine and interesting conversation, languages, college football, night clubs, filet mignon, transatlantic liners, and Constellations, Spanish, music, laughter and humor, and far-away places with strange soundings names. Box 45-G.

**CULTURED BUSINESS EXECUTIVE** likes dancing, out-doors—Do you? Box 46-G.

**COLLEGE ENGLISH TEACHER:** Male, 30, married, children. M.A. Columbia; some doctoral work. Now teaching composition, literature, art. Love teaching but dislike starving. Interested anything ethical and remunerative. Have highest references. Box 47-G.

**WRITER**, experienced, pamphlet, article, educational, international youth fields, needs job. Box 48-G.

**SECRETARY**, experienced, literate, seeks responsible position publishing, advertising. Box 49-G.

**GRANVILLE, VERMONT** near Breadloaf. Charming, modern-equipped, 6-room house. Divine view. Summer rental, \$650. Box 50-G.

**MALE SECRETARY**, 31, capable, intelligent. Prefer architecture, arts, publication, politics. Vicinity Los Angeles. Box 51-G.

**WOMAN**, mature, charming, liking life, books, fireplaces, conversation, invites correspondence. Box 52-G.

**WILL SHARE** seaside home with another congenial woman. Box 42-E.

## VACATIONS

**SUDBURY INN** at Lake Hortonia, Sudbury, Vt., provides best in country vacations.

**GREEN SHADOWS**, Lyme, Conn., quiet informal country life, good food, comfortable beds.

**MERRIEBROOK, POUGHQUAG, NEW YORK.** Peaceful homestead. Adults only. Tempting meals. North Clove 2421.

**BERKSHIRES—FRENCH FOOD** at its best. Restful. Skiing nearby. **SUN-INSIDE**, Monterey, Mass.

**SHORE DRIVE MANOR, MAGNOLIA**, Massachusetts. Sea, country charm, year 'round. "Tradition for Graciousness." Brochure.

**ESCAPE . . . PEACE.** Writers, artists, professionals will find these at our farm in Catskills. Wonderful food too. **LILAC FARM**, R.D. 2, Gilboa, N. Y.

**LANIER - ON - THE - PISCATAQUA**, Eliot, Maine. Tranquility, garden, river beach, arts and crafts and gift shop. \$50.

**PEACH BLOSSOMS** announce Spring at **PRADE GUEST RANCH**, Texas in March. Trails are sunny along the canyon rim. The world's troubles will be far away.

**UNIQUE GUEST HOUSE**, Tepotzlan, Mexico. Mountains. Restful. Ideal climate. Food tops. \$30 weekly includes all meals, drinks, riding, laundry. Folder. Apt 152, Cuernavaca, Mexico.

**CROW'S NEST TRIP TO EUROPE**, June 20-Sept. 10, 1951. Language teacher and wife, experienced travelers take a group of nine in their own automobile on extensive but leisurely trip through Europe. Details gladly furnished. Donald R. Hart, Jr. Avon Old Farms, Avon, Conn.

# DOUBLE-CROSTIC No. 885

Reg. U. S. Patent Office

By Elizabeth S. Kingsley

## DEFINITIONS

- A. Royal house to which Queen Victoria belonged.
- B. To assort good coins from bad, esp. in the Orient.
- C. Range of hills in Gloucestershire, Eng.; the highest, Cleve Cloud, 1031 ft.
- D. First name, Russian-born pianist and conductor, son-in-law of Mark Twain (1878-1936).
- E. Peak in range of same name, 12,005 feet high, in Wyoming (2 wds.).
- F. Small groups, usually of four, into which companies at banquets were formerly divided for better service.
- G. Title and heroine of tragedy by Euripides (from Gr. myth.).
- H. American actor, best known for his "Sherlock Holmes" (1855-1937).
- I. River in Europe, where Russian, British and U.S. armies met at Torgau in World War II, April 27, 1945.
- J. Makes resistance.
- K. Exclamation of impatient rebuke or contempt.
- L. A number of sheets of paper fastened together, as for a notebook (German).
- M. Fish of the order Apodes.

## WORDS

20 106 180 24 83 2 103

164 158 79 50 18 76

23 151 9 88 86 183 96 39 70

75 144 80 53 127

40 179 33 68 173 138 13 101 56 146

160

60 174 29 98 105 44

99 177 7 59 37 114 43 30

26 72 166 92 116 34 19 61

171 117 63 113

27 122 95 84 156 22

157 184 85 137

135 128 175 152

131 141 110 14

## DEFINITIONS

- N. A small trinket of elegant workmanship.
- O. Opposed to "collateral", as of ancestry or descendants.
- P. Not capable (var. sp.).
- Q. She made trouble at the marriage of Thetis and Peleus (Gr. myth.).
- R. A kind of cord made from the bark of the candlenut tree (Hawaiian).
- S. The wife of Baldur (Teut. myth.).
- T. To get rid of (3 wds.).
- U. Blindness (med.).
- V. Peak in Calif., site of Lick Observatory.
- W. American poet in controversy today (1885- ; first and last names).
- X. English physician, and missionary to Newfoundland and Labrador (1865-1940).
- Y. Coins or fabricates anew.
- Z. Subject of a recently declared dogma by the Catholic Church (with "The").
- Z'. American ground warbler, genus *Geothlypis*.

## WORDS

121 36 186 77 147

108 41 169 64 154 55

176 93 12 1 153 181 145 134 49 100

16

81 65 8 185

90 159 47

32 161 69 150 142

67 111 38 6 132 109 52 168 189 125

124 162 165 115 3 102 188 163 139

35 172 140 10 4 45 94 25

28 11 58 167 71 5 187 42 149

178 133 66 51 130 87 91 54

46 74 104 155 143 120 112

31 123 119 78 62 170 136 21 17 107

97 57 82 148 126 15 48 89 182 129

118 73

## DIRECTIONS

To solve this puzzle you must guess twenty-odd words, the definitions of which are given in the column headed DEFINITIONS. The letters in each word to be guessed are numbered. These numbers appear under the dashes in the column headed WORDS. There is a dash for each letter in the required word. The key letters in the squares are for convenience, indicating to which word in the definitions each letter in the diagram belongs. When you have guessed a word, fill it in on the dashes; then write each letter in the correspondingly numbered square of the puzzle diagram. When the squares are all filled in you will find (by reading from left to right) a quotation from a famous author. Read up and down the letters mean nothing. The black squares indicate ends of words; words do not necessarily end at the right side of the diagram. When the column headed WORDS is filled in, the initial letters spell the name of the author and the title of the piece from which the quotation has been taken. Authority for spelling and definitions is Webster's New International Dictionary (second edition).

				1	P	2	A	3	U	4	V	5	W	6	T		7	G	8	Q	9	C	10	V	11	W	12	P							
13	E	14	M			15	Z'	16	P					17	Z	18	B			19	H	20	A	21	Z	22	J		23	C	24	A	25	V	
26	H	27	J	28	W	29	F	30	G					31	Z	32	S	33	E			34	H	35	V	36	N	37	G			38	T	39	C
40	E	41	O	42	W	43	G	44	F	45	V	46	Y	47	R	48	Z'	49	P	50	B	51	X			52	T	53	D	54	X	55	O		
		56	E	57	Z'			58	W	59	G	60	F	61	H	62	Z	63	I	64	O	65	Q	66	X	67	T			68	E	69	S		
		70	C	71	W	72	H	73	Z'	74	Y			75	D	76	B			77	N	78	Z	79	B	80	D	81	Q	82	Z'	83	A		
84	J	85	K			86	C	87	X			88	C	89	Z'	90	R	91	X	92	H			93	P	94	V	95	J	96	C	97	Z'		
		98	F	99	G	100	P	101	E			102	U	103	A			104	Y	105	F	106	A	107	Z	108	O	109	T			110	M		
111	T	112	Y	113	I			114	G	115	U	116	H			117	I	118	Z'	119	Z	120	Y			121	N	122	J	123	Z	124	U		
		125	T	126	Z'	127	D	128	L			129	Z'	130	X			131	M	132	T	133	X	134	P	135	L			136	Z	137	K		
138	E	139	U			140	V	141	M	142	S	143	Y	144	D			145	P	146	E	147	N	148	Z'	149	W			150	S	151	C		
152	L			153	P	154	O	155	Y	156	J			157	K	158	B	159	R			160	E	161	S	162	U			163	U	164	B		
		165	U	166	H	167	W	168	T	169	O			170	Z	171	I	172	V	173	E	174	F	175	L	176	P	177	G			178	X		
179	E	180	A	181	P	182	Z'	183	C	184	K	185	Q			186	N	187	W	188	U	189	T												

Solution of last week's Double-Crostic will be found on page 39 of this issue.

MARCH 10, 1951

The Saturday Review